

RESOURCE GUIDE



Office of
Mental Health



Sullivan County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Mobile Mental Health Team

24-hour outreach services for adults 18 and over
845-790-0911
800-710-7083

NAMI Sullivan County

HelpLine: 1800-950-NAMI (6264)
Text line: 62640
Chat: [NAMI.org/help](https://www.nami.org/help)

The Trevor Project

Crisis support for the LGBTQ+ community
24/7
Text: START to 678-678
Call: 1-866-488-7386
Chat: thetrevorproject.org/get-help

H.O.P.E Referral and Information Line

24/7 Hotline for Substance Use support
866-832-5575

Mental Health Treatment & Rehabilitation

Sullivan County Dept. of Community Services

Outpatient clinic and care management
20 Community Lane Liberty
845-292-8770
Walk-in Tuesdays 9am-7pm. Thursdays 9am-noon

Access Supports for Living

16-24 Union Street Middletown
845-343-5556
Urgent Care walk-in hours Mon-Fri 10am-6pm

Rockland Psychiatric Center Middletown Clinic

Outpatient treatment for mental health and substance use disorders
45 Ashley Ave Middletown
845-343-6686 ext. 8023

Garnet Health

Outpatient mental health clinic
68 Harris Bushville Rd Harris
845-333-8909

Peer Support Services

NAMI—Compeer

Matches community volunteers in one-to-one friendships with people recovering from mental illness
20 Crystal Street Monticello
845-794-1029

Independent Living Inc.

Support with benefits, housing, employment, disability advocacy
Monticello, Newburgh, Middletown
845-234-4841

Action Toward Independence

Monticello and Middletown
845-794-4228 or 845-343-4284

Alcoholism and Drug Abuse Council (ADAC)

Support groups, peer engagement, family support, education. Sullivan, Orange, Rockland and Putnam Counties
845-673-5903

Addiction or Substance Use Treatment and Support

Lexington Center for Recovery

Outpatient clinic, DWI assessments, groups, Opioid treatment, co-occurring disorders
100 Sullivan Ave Ferndale
845-867-4304
26 Hamilton Ave Monticello 845-397-7101

Sullivan County Dept. of Community Services Alcohol and Drug Abuse Services

20 Community Lane 2nd floor Liberty
845-292-8770

Garnet Health Alcohol and Substance Use Treatment

Evaluations, education, co-occurring treatment,
75 Crystal run Road Suite 135 Middletown
845-333-7818

Monticello SMART

Outpatient treatment, half-way house, medication therapy
16 Jones Street Monticello
845-794-8080 ext. 150

Other Services

Rehabilitation Support Services (RSS)

Care Coordination, therapy, groups, housing support, employment
22 Crystal St Monticello
845-791-4010 ext. 4151

Bridge Back to Life

Outpatient treatment, support for families, education
Mobile Treatment Unit
516-493-0023

Mental Health Housing

All referrals go through SPOA
20 Community Lane Liberty
845-513-2008
Attn: Victoria Winchester

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov

